

Our Couples Vision Board

Answer on your own first, then together. What you both check goes on the board. Three goals per area, at most.

YOUR 16 QUESTIONS

WHAT MATTERS MOST	Me	You	Goes on the board
1 What's one thing about our life right now that you'd fight to keep?			☐
2 What would make you feel secure about money: a savings cushion, a paid-off credit card, something else?			☐
3 When work and family both pull at us, what do we protect first?			☐
4 What do you want our home to feel like on a regular weeknight?			☐

What could get in our way: _____

First step (who, by when): _____

RELATIONSHIP PRINCIPLES	Me	You	Goes on the board
5 What's one rule for how we argue, like no fighting over text?			☐
6 What helps you most after a rough day: space, a hug or a plan?			☐
7 Which daily habit would make you feel closer, like phones away at dinner or a walk after work?			☐
8 What's one thing I do that really makes you feel loved?			☐

What could get in our way: _____

First step (who, by when): _____

MUTUAL GOALS	Me	You	Goes on the board
9 Where do you see us living in three years: city, suburb or small town, and in which state?			☐
10 What should we save for first, and how much could we put in each month?			☐
11 What do you want us to have finished by this time next year?			☐
12 Which big decision should we make this year, and by when?			☐

What could get in our way: _____

First step (who, by when): _____

COUPLE ADVENTURES AND DATES	Me	You	Goes on the board
13 Where's the one trip you want us to take in the next 12 months?			☐
14 What's something neither of us has done that we could try together?			☐
15 How often do we want a real date night, and who plans the next one?			☐
16 What free or cheap adventure could we fit in this month?			☐

What could get in our way: _____

First step (who, by when): _____

Your date night in 15-minute blocks

About an hour, four blocks of 15 minutes. Order takeout, put both phones on Do Not Disturb.

0:00 to 0:15

1 Apart.

Sit in separate spots. You fill in the "Me" column, your partner does the same on their own sheet. No peeking. Short answers are fine.

0:15 to 0:30

2 Compare.

Take turns reading your answers, one question at a time. Listen first, ask second. Where you both wrote something close, check "Goes on the board."

0:30 to 0:45

3 Pick.

Keep about three goals per area. A goal one of you can't say yes to becomes a question card with a deadline, like "City or country? Decide by summer." Fill in each area's box: what could get in our way, first step (who, by when).

0:45 to 1:00

4 Build.

On paper or in the app. One picture per goal, your own photos where you can, a real place or a date, and one sentence per area in your own words.

This week

5 Do one thing.

Book the table, put the first \$20 in the trip jar. Who does what:

On your anniversary

6 Look back.

Check off what came true. Cross out what no longer fits.

Notes:
